

NEWBORN SESSIONS



McCARREL



PHOTOGRAPHY



HELLO!

Thank you for choosing me as your newborn photographer! I am looking forward to capturing the new addition to your family in a natural, artistic way, and to creating images that you will treasure for years to come.

This guide shares what you can expect from your experience with me and provides helpful, important tips on having a successful session.

If you have questions or need additional information, please feel free to contact me. I look forward to working with you!

WHAT TO EXPECT

During our 2-hour session, we'll focus on capturing all the sweet little details you'll want to remember from this stage of life. Squishy rolls, sleepy smirks, tiny toes, all that goodness! Sessions can take place in my studio or your home, wherever you're most comfortable.

We may do a few "posey" poses during the session, but every baby's personality is different, and not all babies enjoy all poses. We'll have the most success when we go with the flow and embrace the poses your baby chooses.

We'll do a few family and sibling pics, and of course plenty of individual shots of baby.

About 2-3 weeks after your session, you'll be sent a gallery of 20 retouched images. You will be able to download the images, share them with friends and family, and print them as you wish.



HOW TO PREPARE

A few pre-session tips:

1. Keep baby awake before the session - I know it sounds kinda mean to keep baby tired, but the session will be more relaxed if your baby is sleepy. He/she will also stay in certain poses better. I recommend keeping him/her awake for at least one hour before the session. Optional: If you want, you can try a bath to keep baby awake, plus he/she will be fresh and clean before the session. Don't forget to put lotion on afterwards.
2. Wait to feed baby until right before the session - Feed baby a nice, big meal either right before you leave for the studio, or immediately when you get here. This is very important! Ideally, we'd like baby to be totally lights-out asleep for pictures. That doesn't always happen, but a full tummy will go a long way toward making baby drowsy. They don't call it milk-drunk for nothing!



3. Dress baby in a loosely fit diaper and an outfit that's easy to take off - This will ensure that there are no marks on the skin for their photos and we won't wake baby too much when we transition them into a wrap if they are sleeping when you arrive.
4. Be prepared to be warm - I keep the studio room very warm so that baby will stay cozy and sleepy. Please make sure to dress in layers so that you can cool off if it gets too warm for you.

FAQ

How long will the session last?

You can expect the session to take about 2 hours. Some sessions can take up to 3 hours. Newborn sessions take longer than regular sessions because we need extra time for feeding and lulling the baby to sleep.

What should I bring?

Bring what you would normally pack in your diaper bag. I have tons of wraps, baskets, hats, headbands, etc. here at the studio. However, if you have a special item or sentimental heirloom that you would like to incorporate, please feel free to bring it!

What should I wear?

You can wear what you want, but I always suggest keeping it simple and neutral. Try to stick with lighter colors, and avoid busy patterns and clothes with text/logos. Make sure you dress for the warmth of the studio so you can be comfortable.

